

# Mendota Area Dementia Recourses

Dementia Friendly Mendota is part of a global movement that is changing the way people think, act, and talk about dementia.



## ALTERNATIVES FOR YOU

- Family Caregiver Support & Counseling, Care Coordination, Money Management Help, Comprehensive Care Coordination.
- 800-798-0988
- <https://alternativesforyou.org/>



## ALZHEIMER'S ASSOCIATION

- Offers a 24/7 Helpline, Webinars, and Downloadable Resources.
- 800-272-3900
- <https://www.alz.org/>



## BRIDGES OF PERU

- Senior Community Center that Offers Information, Education, Recreation Programs and Support for Older Adults, Adults with Disabilities and Caregivers.
- 809 21<sup>st</sup> Street Peru, IL 61342
- 815-431-8034
- <https://bridges.alternativesforyou.org/>



## MASS (MENDOTA AREA SENIOR SERVICES)

- Supportive Alzheimer's Disease & Related Disorders, Stress Busters Program, Lending Closet, Social Programs, Scheduled Transportation, Benefit Access Applications and Monthly Activities.
- 1901 Tom Merwin Dr. Mendota, IL 61342
- 815-539-7700
- <https://www.mendotaareaseniorservices.org/>



## SPRY

- Physical Therapy and Geriatric Wellness for Aging Adults Aimed at Improving Deficits and Overall Quality of Life.
- Takes Medicare.
- 231 W Madison St Ottawa, IL 61350
- 815-735-2356
- <https://www.spryottawa.com/>



# Mendota Area Dementia Recourses



## **TRI-COUNTY OPPORTUNITIES COUNCIL**

- Foster Grandparents, Housing Programs, Low-Income Home Energy Assistance Program (LIHEAP).
- 1019 N Main St Princeton, IL 61356
- 815-875-6064
- <https://tcochelps.org>



## **WIAA - (WESTERN ILLINOIS AREA AGENCY ON AGING)**

- Benefit Access (Rides Free & License Plate Discount), Grandparents Raising Grandchildren Support & Counseling, Home Delivered Meals, Medicare Savings Program (MSP) & Low-Income Subsidy (LIS), Legal Services.
- 309-793-6800 (Rock Island)
- 815-539-7700 (Services Offered Through MASS)
- <https://www.wiaaa.org/>



## **GRAVES-HUME PUBLIC LIBRARY DISTRICT**

- Large Print Materials, Audio Books, Magazines, Monthly Programs, Home Delivery Service, Memory Care Kits.
- 1401 W Main St Mendota, IL 61342
- 815-538-5142
- <https://graveshume.org>



## **MENDOTA POLICE/FIRE/EMT**

- ID Database - Caregivers/Families Complete Form Online or Paper to Help a Person with Dementia in an Emergency.
- Mendota Offers Free Gun Locks. Inquire at Police Station.
- Fire Department: 610 Main St Mendota, IL 61342
- Police Department: 607 Eighth Ave Mendota, IL 61342
- Non-Emergency for Both Departments: 815-539-3434



## **MENDOTA YMCA**

- Wide Variety of Senior Programs to Reach Your Strength and Health Goals
- 1811 S 13<sup>th</sup> Ave Rt 251 Mendota, IL 61342
- 815-538-2900
- <https://www.ivymca.org/mendota-ymca/>

